



8U Fall Core Youth Soccer Program Additional Guidelines

AYSO Region 165 Mountain Resorts

AYSO Region 165 Mountain Resorts 8U Program Guidelines

In addition to the Fall Core program guideline, these additional rules apply to the 8U divisions

Coaches

1. May Not Enter the Field of Play Unless Directed by the Referee
2. Need to Stay Within 6 Yards of the Mid Field Line in Either Direction
3. Need to always be Positive! Do not over coach during the Games nor yell at the Referee at any time. If you have an issue with the Referee, please discuss it professionally at the appropriate time.
4. The home side will always be the North or West side of the field.
5. Region 165's coaching policy is to rotate the players around to different positions. No player should be put in a position where they play the whole game just as offense or defense. This policy will allow the players to become better developed in all positions and to have a better feel for the game

Players

1. A maximum of 4 players on the field – NO GOALKEEPERS!
2. No player may take up a permanent or semi-permanent position within the Goal Area. This is roughly the 6-yard box located directly in front of the Goal. Players may follow an attacker into this area, but at no time be able to stand there and act as a de facto defensive Goalkeeper or offensive Striker.
3. Need to be properly equipped. Soccer cleats or Turf shoes are mandatory. Shin Guards must be worn at all practices and games.
4. No jewelry, hard plastic hair pieces, or hard brim hats are allowed.

Spectators

1. Need to stay back off the touch line by two (2) yards.
2. Cannot set up on the field behind the goal.
3. Allowed to only yell positive encouragement to the players (Even their own child!) Let the players play, coaches coach, and referees referee.

Game of Play

1. Size 3 Ball Only.
 2. Field to be roughly 40 yards long by 20 yards wide
 3. 2 halves of 20-minute running time.
 4. 1 Minute break roughly halfway through each half. Coaches will substitute and rehydrate at this time. This is not a time for coaching instructions.
 5. 5-minute break between halves. This is the time to talk with the team about what is positive in the game, and what needs to be improved.
-

AYSO Region 165 Mountain Resorts 8U Program Guidelines

6. All players must play $\frac{3}{4}$ of the game. No players are allowed to play the full game unless everyone has played at least three quarters.
7. Slide tackling and heading of the ball is not allowed and should be strongly discouraged. At this age, bones and muscles are not fully developed and these actions are too dangerous for the players. Referees should stop play, remind the players that this is not permitted, and restart play with a direct free kick for the other team.
8. Kick offs that travel directly into the goal untouched by another player do not result in a goal, but a goal kick for the other team. Although this is contrary to FIFA Laws of the Game, it is something we have implemented with the loss of a Goalkeeper. We would like to encourage players to learn to take shots around the goal area and be creative before they take long distance shots.
9. All fouls will result in a direct free kick.
10. Opponents must stay 6 yards away from all direct kicks.
11. The ball must travel out of the goal area on all goals kicks before being touched by another player.
12. The whole ball must cross the Touchline or Goal Line to be out of play.
13. If the ball crosses the Touchline, the restart is a throw in for the team who did not touch it last.
14. If the ball crosses the Goal Line outside of the goal touched last by the attacking team, the restart is a goal kick.
15. If the ball crosses the goal line last touched by the defending player, the restart is a corner kick.

BLOWOUTS

The goal of this division is Skills Development, not winning or losing.

The U8 Division will not keep track of scores or won/loss records. It serves absolutely no purpose for a team to outrageously outscore another team.

Coaches, please challenge your players with constructive ways to score if your team is much stronger than your opponent. We want to develop these players with skills and Good Sportsmanship. AYSO is all about developing skills and always having FUN. Nobody likes to be humiliated! Put yourself in the other coaches, players, and parents place, and ask yourself how you would feel.